

10 min PSHE

Activity - 6

Title: Dare to Dream?

The Big Outcome:

You might not know what job you want now – but I bet you know where you want your life to be in 10 years time.

Subject: Dream into Action

Resources: None

Introduction:

If you knew that you could not fail, what would you dare to dream about your life in 10 years time?

Activity: (Allow 5 min)

- If there were no obstacles, what would you be doing for a living?
- Where would you be living?
- What do you look like?
- Who are you friends with?
- What would make you totally happy?

Debrief:

Ask for examples of what students have written. Ask – now that you've identified your dream life in 10 years time, how easy is it to work back and identify what you need to be doing now to help get you there? What is the first step you need to take now?