

10 min PSHE

Activity - 11

Title: You don't know what you don't know

The Big Outcome: Understanding that you'll never know everything because there's always more to learn! And that's OK!

Subject: Personal Growth

Resources: None

Introduction:

Explain to students that however old you get, you won't know everything! In fact, sometimes they may not even be aware of what they don't know.

Questions: (Allow 5 min)

You don't know what you don't know . . . but what is it that you know now that you wish you'd known before? What do you think you'd like to know now? How can you find out what you don't know?

Debrief:

Get examples of some of the answers to the questions. Discuss that it is OK to not know everything. What is important is being self aware, seeking feedback and being willing to learn.